Guide to Patient Presentations

1. Name, age, and gender of patient

2. Chief Complaint: What is the patient here for, and how long has it been going on?

3. History of Present Illness: details about the chief complaint (OLD CARTS)
   - Onset—when did it start?
   - Location/Radiation—where is it located?
   - Duration—how long has this gone on?
   - Character—does it change with any specific activities? Does the patient use any descriptive words to describe the quality of the symptom?
   - Aggravating factors – what makes it worse?
   - Reliving factors – what makes it better?
   - Timing—is it constant, cyclic, or does it come and go?
   - Severity—how bothersome, disruptive, or painful is the problem?

4. Review of Systems: Anything else going on that may or may not be related to the chief complaint.

5. Past Medical History: Major medical problems

6. Past Surgical History: Any surgeries the patient has had

7. Social History: sex, drugs, alcohol, job, stress levels, etc.

8. Medications: Current medications

9. Allergies: allergies and description of reaction

10. Physical Exam:
   - Vital signs: BP, HR, RR, pulse ox, temperature
   - General: Well developed, well nourished, no distress
   - HENT: normocephalic, atraumatic, oropharynx clear, no ear/nose discharge
   - Eyes: anicteric, no discharge
   - Neck: supple, no lymphadenopathy
   - CV: regular rate and rhythm, no murmur or rub
   - Lungs: clear to auscultation bilaterally, no wheezing
   - Abdomen: soft, non-tender, non-distended, no mass or organomegaly
   - External: no clubbing, cyanosis, or edema
   - Neuro: alert and grossly nonfocal
   - Affect: normal
   - Skin: warm and dry, no rash

11. Labs: whatever was done

12. Imaging: CTs, Xrays, etc.

13. Pathology: if applicable which it always will be for our cases
Rubric for Clinical Case Presentations

Did the presenter…

☒ Identify the patient?
☒ Identify the chief complaint?
☒ Define any medical terms used in the HPI?
☒ Define any medical terms used in the review of systems?
☒ Connect any symptoms in the review of systems back to the underlying disease or disorder?
☒ Define any medical terms used in the medical, surgical, and social histories?
☒ Explain the significance of any provided past medical, surgical, or social history?
☒ Connect any findings during the physical exam to the underlying disease or disorder?
☒ Explain any tests performed on the patient?
☒ Define normal values for any laboratory or exam values given (such as hematocrit, BP, HR)?
☒ Explain the significance of any laboratory results?
☒ Explain the significance of any imaging results?
☒ Explain and describe the provided pathology slides?

Bonus! Did the presenter…

☒ Provide additional pictures or videos to explain a symptom?
☒ Provide additional diagrams to explain a clinical question?